

# Health Awareness

## JANUARY



- Cervical Health Awareness Month
- Thyroid Awareness Month
- National Glaucoma Awareness Month

## FEBRUARY



- American Heart Month
- National Cancer Prevention Month
- National Children's Dental Health Month

## MARCH



- National Sleep Awareness Week: March 10-16
- National Kidney Month
- National Nutrition Month

## APRIL



- World Immunization Week: April 24-30
- National Stress Awareness Month
- World Meningitis Day: Wednesday, April 24

## MAY



- National Asthma & Allergy Awareness Month
- National Womens Health Month
- National High Blood Pressure Education Month

## JUNE



- National Migraine & Headache Awareness Month
- National Great Outdoors Month
- Men's Health Month

## JULY



- UV Safety Month
- World Hepatitis Day: July 28

## AUGUST



- National Immunization Awareness Month
- National Breastfeeding Month
- Contact Lens Health Week: August 19

## SEPTEMBER



- Cholesterol Education Month
- National Women's Health and Fitness Day: September 25
- Head Lice Prevention Month

## OCTOBER



- Bone and Joint Health Action Week: October 12-20
- Healthy Lung Month
- Health Literacy Month

## NOVEMBER



- National Diabetes Month
- Gastroesophageal Reflux Disease Awareness Week: November 17-23
- COPD Awareness Month

## DECEMBER



- National Handwashing Awareness Week: December 2-8
- National Influenza Vaccination Week: December 6-12